

To: Traci Mundy Jenkins, NALP President
Rebecca Calman, Board Liaison
Fred Thrasher, NALP Deputy Director
NALP Board of Directors

From: Terrene A. Burke, Co-Chair, Well-Being Section
Marta Galan Ricardo, Co-Chair, Well-being Section

Date: June 24, 2021

RE: Well-Being Section – Q1 Board Report

The Well-Being Section has been busy during the first quarter of the 2021 – 2022 cycle. On May 22, 2021, we held our kickoff meeting during which we formally announced the formation of the Well-being Section for the 2021-2022 business cycle and discussed the upcoming charges for the year.

We held the Section's first quarterly call on June 14, 2021, attendance at the meeting was consistent with attendance at the Well-being Interest Group meetings throughout the 2020-2021 year. We plan to focus on growing consistent attendance at the Section meetings over the 2021 – 2022 year. During the meeting, we shared updates from work group Vice Chairs and discussed upcoming deadlines and events. We also did some environmental scanning as a follow up to Well-being Week in the Law. Lastly, future quarterly calls have been scheduled through Q4.

AEC/Bulletin+/Webinar Education (Vice-Chairs – Hannah Fabrikant and Brittany Schmidt)

This work group is already down to work. On behalf of the Well-being Section we submitted eight Bulletin+ article proposals. The work group is planning a brainstorming meeting in the coming weeks for RFP submissions for the 2022 Annual Education Conference

Wellness Fundamentals - Well-being Circle (Vice-Chair – Kendra Brodin)

The Section has continued its well-being circles. We have a plan in place for quarterly circle meetings. The next circle meeting is scheduled for June 24, 2021 on Digital Distractions led by Kendra Brodin.

Best Practices Guide and Resource List (Vice-Chair – Julie Anna Alvarez)

The work group is currently in the writing stage incorporating the feedback received from the interviews conducted into the first draft Guide outline. As work progresses we expect reviews and revisions to take place before submission.

Well-being in the Recruitment Process (Vice-Chair – Karen Eisen)

This work group may take up an idea that arose out the environmental scanning during the first quarterly call regarding well-being initiatives at law schools.

Well-being Communications (Vice-Chair – TBD)

Content for the first Wellness Check has been submitted and published in the June 17 edition of NALPNow. We have a series of themes planned for the coming editions and plan to have various members of the Section share content. The first theme which will be covered over several editions is well-being in the space surrounding return to work.

Membership Development and Environmental Scanning

We plan to continue to encourage members to join the group through NALP Connect and are pleased to report that we have grown to 209 members in the NALP Connect group. We've increased membership by over 40 people since the fourth quarter of the 2020-2021 business cycle. At the beginning of the first quarterly call we did a special welcome to all new Section members.

As mentioned above we did environmental scanning during the first quarterly call in regard to Well-being Week in the Law. We did some polling within the Zoom meeting for information on participation. We also had a very active discussion on successful programming, challenges and obstacles, and tips for future wellness-related programming.

A question arose from the discussion regarding what department handles well-being initiatives within law schools; it was posed that the Section may be able to do a survey to collect feedback specifically from law schools on well-being initiatives.