

**To: Traci Mundy Jenkins, NALP President**  
**Rebecca Calman, Board Liaison**  
**Fred Thrasher, NALP Deputy Director**  
**NALP Board of Directors**

**From: Terrene A. Burke, Co-Chair, Well-Being Section**  
**Marta Galan Ricardo, Co-Chair, Well-being Section**

**Date: October 21, 2021**

**RE: Well-Being Section – Q2 Board Report**

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The Well-Being Section has continued working on several charges and projects during the second quarter of the 2021 – 2022 cycle.

We held the Section's second quarterly call on October 18, 2021, attendance (15 members) at the meeting was consistent with attendance at the Well-being Interest Group meetings throughout the 2020-2021 year and the first quarterly meeting. During the meeting, we shared updates from work group Vice Chairs and discussed upcoming projects. We also did some environmental scanning around return to office.

AEC/Bulletin+/Webinar Education (Vice-Chairs – Hannah Fabrikant and Brittany Schmidt)

Last quarter we reported the Well-being Section submitted eight Bulletin+ article proposals, we are happy to report all eight articles have been placed in editions of upcoming Bulletins. On behalf of the Well-being Section three RFPs have been submitted for the 2022 Annual Education Conference.

Wellness Fundamentals - Well-being Circles (Vice-Chair – Kendra Brodin)

On June 24, 2021 we held a Well-being Circle on Digital Distractions led by Kendra Brodin. The group had lively discussion on ways to tame distractions. On August 31, 2021, the Wellness Fundamentals work group held a brainstorming session to source topics for upcoming Well-being Circles as well as discuss format. We had several good suggestions on ways to disseminate information, but also keep the small group interaction. Lastly, we've also have received outreach from the Diversity Section about collaboration on a Well-being Circle. This is something we look forward to working on during the third quarter.

Best Practices Guide and Resource List (Vice-Chair – Julie Anna Alvarez)

This project is on-going and the work group is still currently in the writing stage incorporating the feedback received from the interviews conducted into the first draft Guide outline. As work progresses we expect reviews and revisions to take place before submission.

Well-being in the Recruitment Process (Vice-Chair – Karen Eisen)

This work group is pursuing the suggestion to survey school members regarding well-being initiatives at law schools.

### Well-being Communications (Vice-Chair – TBD)

There have now been several Wellness Checks published in NALP Now. There has been on-going discussion on what the content for these should look like. We are currently re-tooling two submissions and will provide additional guidelines and a word limit to those Section members writing content.

### Membership Development and Environmental Scanning

We plan to continue to encourage members to join the group through NALP Connect and are pleased to report that we have grown to 218 members in the NALP Connect group. We've increased membership by over 20 people since the first quarter of the 2020-2021 business cycle and by approximately 10 members since the last Board Report. At the beginning of the second quarterly call we did a welcome to all new Section members.

As mentioned above we did environmental scanning during the second quarterly call around return to office. Members are in variety of stages of return to office, some have been back in the office for months while other are beginning to see their targeted return dates loom. We had quite an active discussion on how we ourselves are feeling about being in the office, but also what our organizations (firms/schools) are doing to help ease the transition and help reduce anxiety around return to office. One member had a great brief survey that was circulate to the staff at their school by their Staff Equity Alliance. The survey questions were shared to the Section through NALP Connect after the meeting.

### Knowledge Management

We had a Section member asked if there was list of contacts at firms and schools who serve in the well-being space available to the Section. As there currently is not one, we are exploring creating one and hosting it in the Well-being Section's NALP Connect Library. It would be completely voluntary to add oneself to the contact list and also unofficial. Once we have approval we plan to solicit a volunteer to collect information. This would be a document that would need periodic review and updating. We suggest once a quarter.

We also plan to collaborate with the NALP Knowledge Management Advisory Group in circulating a curated collection of resource to the Well-being Section members on NALP Connect and pose questions to start a conversation. This is in the initial planning phase, and should be implemented during the third quarter.