

**To: Beth Moeller, NALP President**

**Eric Bono, Board Liaison**

**Fred Thrasher, NALP Deputy Director**

**NALP Board of Directors**

**From: Terrene A. Burke, Chair, Lawyer and Law Student Well Being Working Group**

**Date: June 23, 2019**

**RE: Lawyer and Law Student Well Being Working Group – Q1 Board Report**

The Lawyer and Law Student Well Being Working Group began the term with a virtual kickoff meeting held on May 4, 2020. On the call we held a discussion on topics and ideas for future meetings, articles, trainings, and well-being resources and had significant discussion about how the law students and attorneys we support are handling the pandemic, working from home, and other related topics.

On June 15, 2020, we held our first quarterly call, during which we discussed the July 8 NALP Town Hall meeting on well-being. The group discussed how we can be helpful in the planning process by providing speaker, question, and resource recommendations. As a result of that discussion we have set up a google spreadsheet to collect recommendations. I have been in touch with Traci Mundy-Jenkins, Eric Bono, and Jessica Buschsbaum to discuss next steps for the town hall.

On the call we also held a robust discussion on ideas for 2021 AEC RFPs. We had several suggestions, that led to a good list of potential topics.

Future quarterly calls are scheduled through Q3 and are as follows:

- Monday October 19 (3:00 – 4:00 p.m. ET)
- Monday, January 11 (3:00 – 4:00 p.m. ET)
- Monday March 22 (3:00 – 4:00 p.m. ET)

We hope to use these calls to both move forward the goals of the working group and to increase interest in the well-being interest group by using a portion of the quarterly calls for Q&A and specific topic discussions.

#### Town Hall Meeting Project

As a result of the discussion on the June 15 quarterly call, we have set up a google spreadsheet to collect recommendations in regards to the town hall meeting. In coordination with Jessica Buschbaum, we will combine the information collected by the Well-Being Interest Group and the Well-Being Task Force. From there we will be having a call on June 25, 2020 with Traci Mundy-Jenkins, Eric Bono, and Jessica Buschsbaum to discuss next steps.

### AEC RFP Workgroup

Our call to brainstorm for the 2021 AEC produced a number of topics - many of which are directly related to the current climate. There was also discussion on how some of these topics could have potential to produce cross-work with other sections. We discussed the following topics in depth:

1. Wellness as part of your professional identity
2. Supporting students who are involved in social justice advocacy
3. How to use wellness tools (ex: mindfulness) to address feelings and emotions in regards to racial injustice

### Bulletin Article Workgroup

The deadline for article submission was June 15, 2020. Below is the list of submissions we are aware of that were submitted for consideration.

- Using Challenging Times as a Springboard to Self-Improvement: Shannon Burke, Chapman and Cutler LLP, Professional Development, Diversity and Pro Bono Manager
- Making Time for Wellness: Shannon Burke, Chapman and Cutler LLP, Professional Development, Diversity and Pro Bono Manager

### Membership Development and Environmental Scanning

We plan to continue to encourage members to join the group through NALP Connect and are pleased to report that we have over 150 members in the NALP Connect group. We will be posting resources (articles, websites, podcasts, etc.) and information about well-being related programming on a regular basis. We also plan on collating and posting a list of available resources easily accessible in the NALPConnect community.