



Culturally-Mindful Presentations: Cultivating Learning Spaces of Belonging



WHAT? What is a Culturally-Mindful Presentation?

A presentation that contemplates diverse backgrounds and potential biases related to the topic and requires adequate preparation, inclusive content, and thoughtful responses.

WHO? Know Who is in the Room

- Race/Ethnicity
- Language/Non-native Speakers
- Persons with Disability
- LGBTQIA+
- Gender Identity
- Age
- Socio-Economic Background
- Military Background
- Religion
- Other Values & Beliefs

HOW? Delivering a Culturally-Mindful Presentation

- Listen to understand rather than to defend.
- Research and read about cultural issues related to your topic.
- Educate yourself on the cultural identity of your attendees.
- Diversify your co-presenters.
- Use culturally sensitive images, examples, and other visual aids.
- Validate the feelings, questions, and comments of the attendees.
- Acknowledge and sit in the discomfort of your own biases.
- Admit when you don't know/don't understand.
- Use inclusive language (*i.e.*, pronouns).

WHY? Know Your Objective for a Culturally-Mindful Presentation

- Develop trust and credibility between the presenter(s) and the attendees.
- Empower and validate the unique identities of the attendees.
- Cultivate an inclusive environment that promotes belonging.
- Create a safe space for attendees to be receptive to your content.

KNOW cultural-mindfulness = **KNOW** learning spaces of belonging