



Movin' on Up!: Tips on How to Ensure Your Professional Advancement

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G.O.A.T.(s) of Recruiting/P.D.

(plus me ☺)

<p>ALISSA!</p> <ul style="list-style-type: none">❖ 18 years in the industry – entirely spent at SRZ❖ Started as the Legal Recruiting Assistant❖ Former NYCRA Chair; 2016 NALP Conference Chair❖ B.A. Dartmouth	<p>MILANA!</p> <ul style="list-style-type: none">❖ 18 years in the industry – in Recruiting and Professional Development❖ Started as a Legal Assistant❖ Author of <i>Grit, the Secret to Advancement: Stories of Successful Women Lawyers</i>; Co-Chair of ABA Grit Project❖ Ed.D. University of Pennsylvania
<p>MIKE!</p> <ul style="list-style-type: none">❖ 23 years in the industry – worked on both law firm and law school sides❖ Started as a Temp in Career Services❖ Former NALP President, board member and chair of various sections❖ J.D. University of Washington	<p>CHRISTINA!</p> <ul style="list-style-type: none">❖ 4 years in the industry❖ Started as the Temp Recruiting Assistant❖ Has lived, volunteered, studied and worked in Costa Rica, The Netherlands, The U.K. and Spain❖ B.A. Penn State University

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Check it out!

- **Adam Grant's Podcast**
<https://www.ted.com/podcasts/worklife>
- **Angela Duckworth's Grit Scale**
<https://angeladuckworth.com/grit-scale/>
- **Carol Dweck's Growth Mindset**
<https://positivepsychologyprogram.com/5-ways-develop-grit-resilience/>
- **Strength Finder Assessment** (get your firm to pay for this ☺)
<https://www.gallupstrengthscenter.com/>
- **Book Recommendation:**
 - *The Power of Habit*, Charles Duhigg
 - *Shoe Dog*, Phil Knight
 - *How Women Rise*, Sally Helgesen